**ТЕСТ ЗА ПРОВЕРКА НА ЦЕЛИТЕ**

1. **Какви са вашите цели в личен план?**

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* 1. **За какъв период от време се отнасят те?**

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1. **Какви са вашите цели в спортен план (след обсъждане с личния треньор)?**

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* 1. **За какъв период от време се отнасят те?**

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